

VEGAN SPIRAL PASTA SALAD

INGREDIENTS

Tricolored spiral veggie pasta
One tomato chopped
¼ - ½ cup chopped red onion
½ can olives sliced
½ cup of drained chickpeas
¼ - ½ cup cilantro, chopped
Pink Himalayan salt to taste
Pepper to taste
Squirt of agave

DRESSING

¾ cups vegan mayo of choice
¼ cup Italian dressing
4 tablespoons nutritional yeast

INSTRUCTIONS

1. Cook pasta according to the package: drain then quickly rinse with cold water and set aside to cool
2. In a small bowl add vegan mayo, Italian dressing, and nutritional yeast. Whisk well to combine. Taste and adjust if needed. (Add more mayo, dressing or nutritional yeast to taste)
3. In a large bowl add pasta, tomatoes, red onions, sliced olives, chickpeas. Stir to combine. Add dressing, a squirt of agave, and a pinch of salt and pepper. Mix well to combine. Taste and make adjustments if need. Top with chopped cilantro. Serve room temperature or cold. Enjoy
4. Keep refrigerated in an airtight container.